

KIDS SUMMERTIME ACTIVITY BUNDLE

From Team Wellfleet to you and yours, this resource was built to provide activities, tips, and tools for keeping kids entertained and educated during the summer months of social distancing.





The teacher is in us all and these resources can help bring those qualities out this summer. From audiobooks and virtual tours to crafts at home, these activities are sure to make for some educational fun.

Included in this activity bundle are:

- Tips for parents
- Virtual field trips
- Arts & crafts
- Audiobooks
- Additional resources

TIPS

MAINTAIN A SCHEDULE

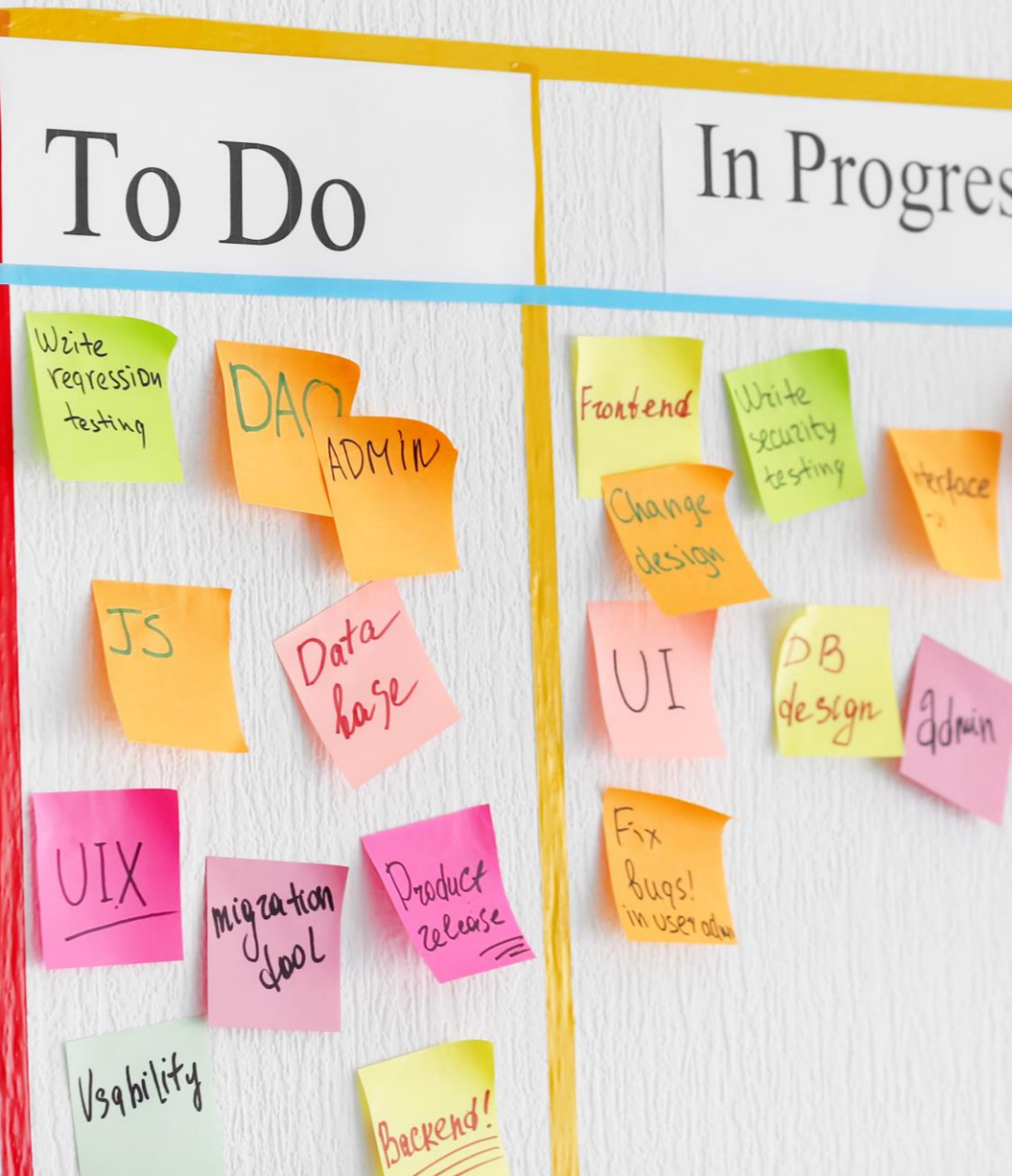
Creating a schedule that is like when your kids were in school or childcare can help create a sense of balance. Routines help us know what to expect each day, which can lessen the sense of chaos for children and parents. Use the tips below to help develop a schedule for your family.

- 1) **Review your day** – What is everyone doing? Are there conflicts? Can you structure your day to remove the likelihood of certain behaviors or stressors?
- 2) **What do you need?** – Decide what is important to your family. How can you strike a balance between work, household duties, play and relaxation?
- 3) **Write it down** – Create a poster of the week’s schedule and place it in a highly trafficked area, like the kitchen.
- 4) **Test it** – Follow your schedule for a week. Run through it each morning and encourage your children to reference it throughout the day.
- 5) **Tweak** – Enhance your schedule as time goes on. Make notes on what is and isn’t working. When you revise the schedule, create a new poster.

Timetable

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1						
2						
3						
4						
5						
6						
7						
8						

TIPS



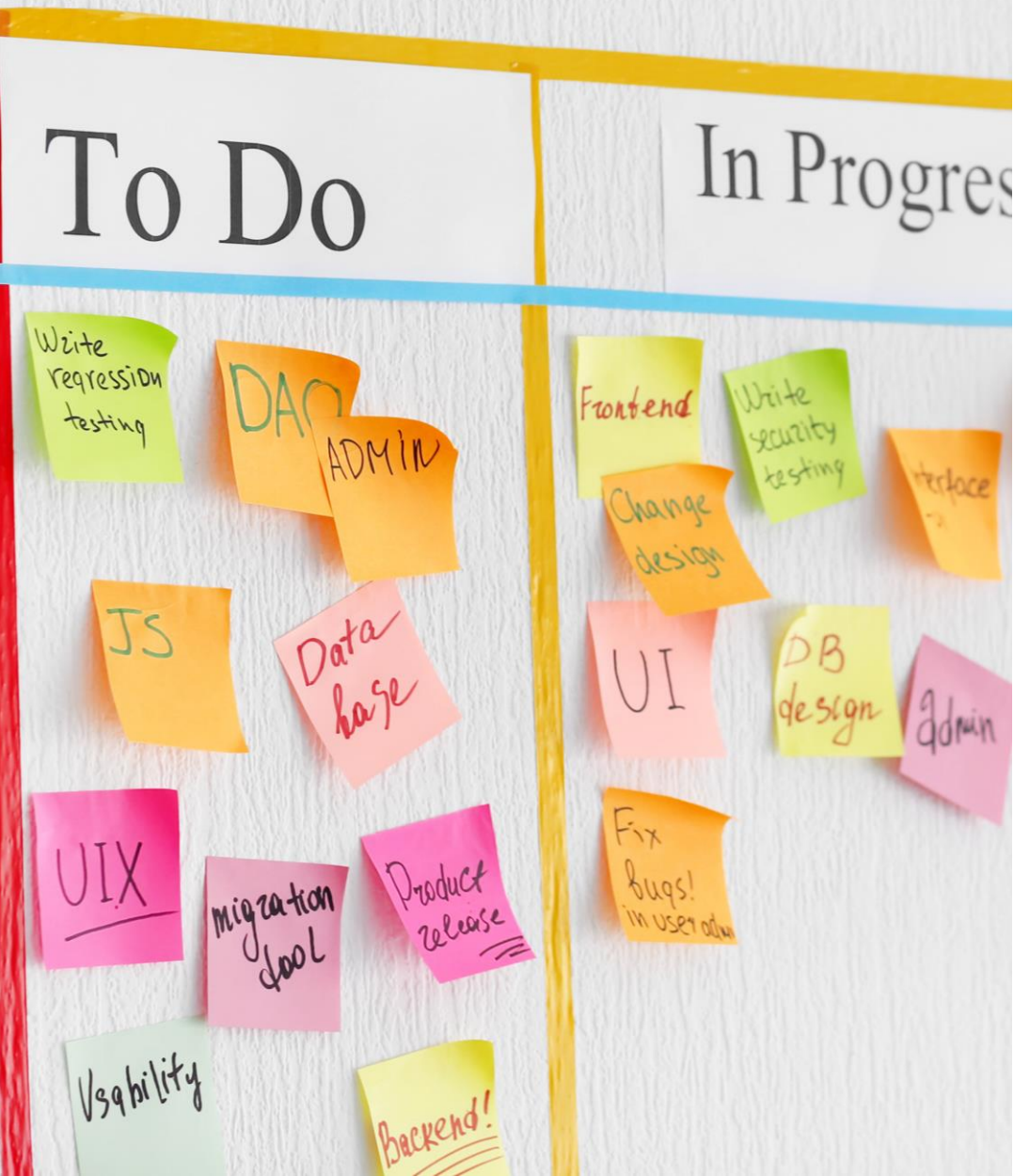
TRY KANBAN

Many organizational experts swear by Kanban, an approach to managing projects made popular in tech and manufacturing, but one that can easily be applied at home.

Kanban is all about visualizing work and limiting work in progress. At its simplest:

1. **Create a project board** – Divide the board into three columns – “Can start”, “Doing” and “Done”.
2. **Write the day’s tasks on sticky notes** – Define what needs to be done each day by writing one task per card.
3. **“Work the board”** – Each sticky note begins in the “Can start” column. Your child picks the task s/he want to work on and moves it to the “Doing” column. When they’re finished, you decide if it can move to the “Done” column.

TIPS



Kanban is great at giving kids a sense of independence and accomplishment, and it relieves the need for you to feel like you need to micromanage.

PRO TIPS

- Color code your sticky notes if you have more than one child or want to visually divide by type of task (schoolwork, chore, fun, etc.)
- Hold a morning “huddle” with your family to review the day’s tasks
- Learn more about other parents using the tool

TIPS



CREATE A DESIGNATED WORK AREA

Choose a space that is used strictly for learning. Don't allow non-school toys or electronics in this space. Doing so will help children understand the difference between play- and learning-time.

SET EXPECTATIONS

Learning from home can be hard on everyone. Set expectations for both parents and kids and stick to them. Adhering to these expectations helps children to learn responsibility and accountability.

TAKE IT SLOW

This is a change for all of us. Finding a rhythm for our new normal takes time. Let your kids adjust at their own pace and give yourself the same courtesy in seeking a balance that works for you too.



VIRTUAL FIELD TRIPS

ZOOS & AQUARIUMS

[Zoo Atlanta](#)

[Florida Aquarium](#)

[Houston Zoo](#)

[San Diego Zoo](#)

[Smithsonian National Zoo](#)

NATIONAL SITES

[Yellowstone National Park](#)

[Ellis Island](#)

[Mount Vernon](#)

MUSEUMS

[Metropolitan Museum](#)

[Boston Children's Museum](#)

ARTS & CRAFTS



- [Sensory bin](#)
- [Salt dough](#)
- [Homemade playdough](#)
- Finger Painting
- [Paper airplanes](#)
- [Coffee filter butterflies](#)
- [Handprint crafts](#)
- Build a cardboard castle
- Make a thankful jar
- [Paper plate rainbow](#)
- [Tissue box monsters](#)
- Camp in the backyard
- [Make ice cream](#)
- [S'mores in a cone](#)
- [Build a bird feeder](#)





STORIES & LESSONS

- [The World of David Williams](#)
- [Story Nory](#)
- [Dolly Parton's Imagination Library – "Goodnight with Dolly" stories](#)
- ["Lunch Doodles" with Mo Willems](#)
- [@savewithstories](#)
- *Reading Rainbow* on Amazon Prime Video (visual stories)
- [Amazon Audible](#)



MORE RESOURCES & IDEAS

- Create a time capsule
- Cut out Jello shapes
- Write a play
- [Make fruit roll ups](#)
- Paint rocks outside
- Put on a fashion show
- Make s'mores
- Create an obstacle course
- Make your own board game
- [Try leaf-rubbing](#) (or use dried flowers!)
- [Make orange julius](#)
- Make a treasure hunt
- [Do Cosmic Kids yoga](#)
- Write & mail cards to loved ones
- Pop your own popcorn on the stove
- Have a sleepover in a sibling's room
- [Create a mosaic on your sidewalk](#)
- Tie dye

Thank you for checking out our summertime activity bundle!
Please feel free to share it with friends and family. Our hope is
that it provides you and yours with support and several slices of
fun as we all navigate through this summer.

From all of us at Team Wellfleet, we are here for you.



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